

Poison Dart Frog Care Sheet

A note about Poison Dart Frogs:

Know the origin of your frog. If it comes from the wild, it could possibly retain poisons that it ingested in the wild. Poison Dart Frogs that are captive bred are not poisonous.

Habitat:

Keep the frog in a terrarium with a secure lid to prevent escapes. We recommend a 12x12x15 minimum size terrarium per frog. Add 12 inches of width for each additional frog.

Use coconut fiber or moss as substrate on the bottom.

Include plants and hiding spots to create a comfortable environment.

Diet:

Feed tiny insects like fruit flies, pinhead crickets, or small ants.

Use vitamin and mineral supplements to ensure a balanced diet.

Feed every 2-3 days, but adjust based on the frog's appetite.

Handling:

Avoid handling your frog. Even though it is not poisonous, it can absorb harmful chemicals from your hands through its skin.

If handling is necessary, use disposable gloves or a special tool.

Water:

Mist the enclosure daily to maintain humidity.

A water dish is not necessary if you do daily misting, otherwise, a small, shallow water dish for drinking is sufficient.

Make sure the water is clean and changed regularly.

Temperature and Lighting:

Keep the terrarium between 70-80°F (21-27°C).

Use a UVB light is not needed, your lighting should be strong enough to grow your plant materials

Monitor the temperature and humidity with a thermometer and/or hygrometer.

Cleaning:

Clean the terrarium regularly, removing uneaten food and waste.

If you do not have a living vivarium, replace the substrate every few months to maintain cleanliness.

Keep the habitat as natural as possible.

Observation:

Spend time observing the frog's behavior.

Note any changes in eating habits, skin color, or activity levels.

Health Care:

If the frog appears sick, consult with a veterinarian who specializes in exotic animals.

Keep an eye on the skin for any signs of irritation or discoloration.

Attend regular check-ups to ensure the frog's well-being.

Responsible Ownership:

Learn about the specific species of poison dart frog you have.

Understand and respect their natural behaviors and needs.

Never release a pet frog into the wild; it could harm the local ecosystem.

Remember, taking care of a poison dart frog requires responsibility and attention to detail. Enjoy the beauty of these fascinating creatures from a safe and respectful distance!