

Bearded Dragon Care Sheet

- **Habitat Setup:**

- Use a terrarium that's at least 40 gallons for adult Bearded Dragons.
- Line the bottom with substrate like reptile carpet, tile, or paper towels for easy cleaning.
- Include branches, rocks, and hiding spots for climbing and exploring.
- Provide a basking spot with a heat lamp where the temperature reaches 95-105°F (35-40°C).
- Keep the cooler side of the tank around 75-85°F (24-29°C).
- Use a UVB light to help your Bearded Dragon absorb calcium and stay healthy.

- **Feeding:**

- Feed your Bearded Dragon a diet of mostly insects when young (like crickets, dubia roaches, or mealworms).
- Offer leafy greens and vegetables (like collard greens, mustard greens, and squash) daily.
- As they grow, decrease insects and increase vegetables and some fruits (like berries or mango) in their diet.
- Dust insects and vegetables with calcium and vitamin supplements a few times a week.

- **Handling:**

- Approach your Bearded Dragon calmly and support its body when picking it up.
- Hold it close to the ground as they can jump.
- Start with short handling sessions, gradually increasing time as they get used to you.
- Wash your hands before and after handling to keep your dragon clean and healthy.

- **Cleaning and Maintenance:**

- Spot clean the tank daily by removing uneaten food and droppings.
- Change the substrate and clean the tank thoroughly every 2-4 weeks.
- Clean and disinfect water and food dishes regularly.

- **Health and Behavior:**

- Bearded Dragons are generally friendly and active during the day.
- Watch for signs of illness such as changes in appetite, swelling, or unusual behavior.
- If you notice any concerns, ask an adult to take your Bearded Dragon to a reptile veterinarian.

- **Fun Facts:**

- Bearded Dragons get their name from the spiky beard they puff out when threatened or showing off.
- They come in different colors and patterns, from sandy browns to bright yellows and oranges.
- Bearded Dragons can live for 10-15 years or even longer with proper care!

Taking care of a Bearded Dragon can be a lot of fun! Enjoy watching your dragon explore, bask under its heat lamp, and grow into a happy and healthy pet.